

# Polk County Area Food Resources

## Food Shelves

**Climax Parish Food Shelf (Climax)**..... 218-857-2455  
1st and 3rd Thursday of the month: 3:00pm - 5:00pm

**Care & Share-New Hope Food Shelf (Crookston)**..... 218-281-2644  
Monday & Wednesday: 1:00pm - 4:00pm | Friday: 3:00pm - 6:00pm

**East Grand Forks Food Shelf (East Grand Forks)**..... 218-773-8083  
Monday & Wednesday: 10:00am - 5:00pm | Friday: 10:00am - 2:00pm

**Grace Community Food Shelf (Erskine)**..... 218-687-2250  
2nd and 3rd Thursdays of the month: Hours vary monthly, please call for current hours.

**Fertile-Beltrami Food Shelf (Fertile)**..... 218-945-3065  
1st and 3rd Wednesday of the month: 2:30pm - 6:00pm (By appointment only)

**Loaves and Fishes (Fosston)**..... 218-431-1558  
1st (following the first Tuesday) and 3rd Wednesday of the month: 12:30pm - 3:00pm

**New Americans Integration Center (East Grand Forks)** ..... 952-873-9023  
By appointment only

*\*Please note that hours of operation may change. Contact the location directly to verify current hours.*

## School Resources

### Backpack Program Breakfast in the Classroom

Ask at your child's school office if these programs are available.

## Food Drops

Follow [North Country Food Bank Facebook Page](#) for information on local drop off sites.

## Community Meals

**Care and Share- Crookston**  
Meals served at noon & 6:00pm every day

**The Mission- Grand Forks, ND**  
Meals served at noon & 5:00pm every day

## Senior Resources

### Meals on Wheels

East Grand Forks: 218-773-0821  
Erskine: 218-687-2262  
Fosston: 218-435-1963  
Winger: 218-938-4151  
Crookston (Home Delivered Meals): 218-470-7995

### Commodity Supplemental Food Program (CSFP)

Food and nutrition program- apply on the [Minnesota Department of Health website](#)

## Food Assistance Programs

### SNAP/MFIP

Polk County Social Services: 218-281-3127

### WIC

Polk County Public Health: 218-281-1673

**TOGETHER WE CAN**

*Prevent. Promote. Protect.*

